

## ABSTRACT OF THE DISCLOSURE

A restraint system for restraining a person in a vehicle of transportation, includes a safety harness having length adjustable shoulder belts and a buckle for connecting the shoulder belt on a chest-side of a person and a stiff U-shaped shoulder yoke having legs, which are contoured to a torso of the person, and a high collar interconnecting the legs, whereby the shoulder belts are secured by a fastening mechanism behind the collar. The legs of the shoulder yoke and the shoulder belts have confronting sides which are formed, at least partially, with an interacting engagement structure which is configured to increase friction as the shoulder belts move in relation to the legs in longitudinal direction, while inhibiting a displacement of the shoulder belts in relation to the legs in transverse direction.